

# #4

**COMPLETE**

**Collector:** AVP Adaptations & Variations (Web Link)  
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## Q1 Title of the Adaptation/Variation

MiCore (Mindful Communication & Conflict Resolution Services)

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## Q3 Main audience(s) for the Adaptation/Variation

The target audience is any business or agency or organization with 10 or more employees/members.

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## Q4 Overview (an agenda or other brief description) of the Adaptation/Variation

The format largely follows AVP methodology but de-emphasizes transforming power. In "reflections" (or feedback), in addition to "likes" and "challenges," we ask participants to share (popcorn style) what he or she learned in the preceding session. This is particularly important in a business workshop, where there is a greater focus (on the part of managers) on the "bottom line." Sometimes (for businesses at least), it is necessary to closely follow the agenda. At other times (for intentional spaces), it may be more productive to be more flexible with the agenda, allowing participants to continue with processing (for instance) until there is no more to be said.

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## Q8 Your Contact Information

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**Q11** The Adaptation/Variation is suitable for the following topic/s or population/s: (Choose all that apply.) **Respondent skipped this question**

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